**Key Swim/Dive Team Dates**

Overall Season May 31st to July 15th

for those making conference, season ends July 23rd.

**Meetings and Celebrations**

Swim/dive team assessments Tuesday May 31st 6-7pm, rain date June 1st

New swim/dive team member meeting Monday June 6th 6-6:30pm

End of year awards/celebration Tuesday July 19th 7-8pm

**Swim/Dive Team Practices**

Special team practices are held Tuesday May 31st – Thursday June 2nd from 5-6pm,

for returning team members

Regular team practices begin June 6 and continue through July 15th:

Swim Ages 11+ 8:00-9:20 (M-Th)

Swim Ages 10 and under 9:20-10:20 (M-Th)

Dive Ages 11+ 9:25-10:10 (M-Th)

Dive Ages 10 and under 8:00-8:45 (M-Th)

Swim and Dive All ages 5:00-6:00 (M-Th)

Swim and Dive All ages 9:00-10:15 (Fun Fridays)

Practices will continue for additional week for those participating in conference, concluding July 22nd.

**Swim Team Meets** (check-in at 4:40, warm-up at 5:00, meet begins at 6:00)

June 9th (Th), LFC vs. Five Seasons (home)

June 16 (Th), LFC vs. OBBT (home)

June 23 (Th), intersquad for 10 and younger (home)

June 30 (Th), LFC vs. Salt Creek Swim Club (away - 830 N Madison, Hinsdale)

July 11(M), LFC vs. VFC (home)

July 14 (Th), LFC vs. RiverForest (away - 615 Lathrop Ave, River Forest)

**Dive Team Meets**

June 21st (T), LFC vs. Five Seasons (away - 6901 S Madison, Burr Ridge)

June 29th (W), Open Meet\* (home)

July 6th, (W), Open Meet\* (away - 6901 S Madison, Burr Ridge)

July 12th, (T), Five Seasons vs. LFC (home)

July 24th, (Sun), Conference (home)

\* are open to all divers and often include LaGrange Country Club and Glen Oaks

**Swim/Dive Lesson Sessions**

June 6 - 17

June 20 - July1

July 5 - July 15 (no class July 4th)